

# Grab & Go Concept 2022/23

# Agenda

## 1. Insight into our standard range

### 1.1 Vegan and gluten free

### 1.2 Beverages

## 2. Sustainability

### 2.1 Single-use packaging

### 2.2 Reusable packaging

### 2.3 Handout – avoid food waste

# The product range

The Grab & Go range consists of familiar and completely new ideas. From the standard to the vegan superfood Grab & Go, everything is offered  
- so that no wishes remain unfulfilled.

A balanced assortment consisting of healthy foods and small sweets also creates a moment of enjoyment for people with food intolerances.

Of course, the topic of sustainability plays a decisive role, in order to jointly bear more responsibility towards our environment.

Therefore, we do not offer lunch boxes or bags at our Grab & Go to counteract food waste and packaging waste.

# Insight into the standard range

## Bagel

Bagel   cream cheese   turkey breast	4,40 €
Bagel   tomato   mozzarella	4,40 €
Bagel   cream cheese	3,50 €
Bagel   camembert cheese	4,40 €
Bagel   cooked ham	4,40 €



## Käfer's wholemeal bread

Wholemeal Bread   antipasti   hummus	3,30 €
Wholemeal Bread   emmental cheese	3,30 €
Wholemeal Bread   boiled ham   cheese	3,30 €
Wholemeal Bread   turkey ham	3,30 €

# Insight into the standard range

## Potato bread

Potato roll   emmental cheese	3,20 €
Potato roll   cooked ham	3,30 €
Potato roll   turkey ham	3,50 €
Potato roll   antipasti   hummus	3,30 €

## Alternative breads

Walnut bread   leerdammer cheese	4,00 €
Spelt bread   turkey salami	4,00 €
Carrot bread   turkey breast	4,00 €
Mini „Franzbrötchen“	1,25 €

## Wraps

Wrap   turkey   apricot cream cheese   rosemary	5,90 €
Wrap   chicken breast   yoghurt-curry-cream   lettuce	5,90 €
Wrap   cheese   vegetables   egg	5,90 €
Wrap   hummus   falafel	5,90 €
Wrap   tomato   mozzarella	5,90 €

# Insight into the standard range

## Dessert

Double chocolate cookie	2,70 €
Brownie Walnut	4,00 €
Chocolate muffin	2,50 €
Carrot cake - piece	3,50 €
Marble cake - piece	2,20 €
Mars   Snickers	1,40 €

## Snacks

SKYR   homemade granola   agave syrup	2,80 €
Strawberry yoghurt   chocolate drops	4,00 €
Blueberry yoghurt   coconut chips	4,00 €
Käfer's granola bar	3,60 €
Knolle Popcorn   butter caramell   belgian chocolate	4,50 €
Munich pretzel pieces   rosemary   paprika   honey-mustard	3,90 €



# Insight into the standard range

## Beverages

Bismarck classic PET 0.5 ltr.	3,60 €
Bismarck still PET 0.5 ltr.	3,60 €
Bismarck apple spritzer PET 0.5 ltr.	3,80 €
Orange juice 0.2 ltr.	3,60 €
Apple juice 0.2 ltr.	2,90 €
Chari Tea red 0.33 ltr.	4,20 €
Lemonaid Lime 0.33 ltr.	4,20 €



# Vegan & Gluten free

## Sandwiches

Wholemeal bread   beetroot hummus   walnuts   rocket lettuce	✓	3,00 €
Wholemeal bread   carrot   tofu   parsley pesto	✓	2,50 €
Wholemeal bread   white beans   avocado   basil	✓	3,00 €

## Salats

Vegetarian glass noodle salad	✗	5,00 €
Salad   Turmeric-chickpea	✗ ✓	4,50 €
Red cabbage salad   Mango-chilli dressing	✗ ✓	3,50 €

## Snacks

Soy yoghurt   homemade granola   agave sirup	✓	4,00 €
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# Sustainability - Packaging

## Single-use wooden cutlery (included)

Spoon | small

Spoon | large

Fork & knife | Set

## Glasses with lid (included)

Glass 300ml

Glass 440ml



# Sustainability - Reusable packaging

In order to make packaging materials sustainable, we would like to offer you the opportunity to use reusable containers for your Grab & Go concept.

Salads, yoghurts and co. can be packed alternatively and at the same time be a reminder of the congress.

A real added value for you and the guest, rounded off by the branding of your company logo.

Snack Pod – Piece 15,00€ unbranded (branded on request)



Yoghurt cup unbranded 300ml

Lunchbox – Piece 10,00€ unbranded (branded on request)



Lunchbox unbranded 750ml

# Handout - avoid food waste

We offer our Grab & Go handout.

## Grab & Go

Your guests can take exactly the foods and drinks they want from a buffet.  
The dishes are individually wrapped, so that they are easy to transport.

This variant is very favorable in the topic of sustainability,  
to avoid food waste and garbage.

**Charge for the grab & go hand out**  
**Staff costs 38,00€ per hour/per person**  
**Disposal fee 0,50 € pro Person**  
**Handlings fee 2,00 € pro Person**  
**Equipment fee 0,75 € pro Person**

*Reducing food waste is an important issue to counteract climate change.*

*We give everything to make a climate-friendly catering possible.*

We look forward to your inquiry.

## Contact:

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All prices are exclusive of statutory VAT.